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[www.befitwithjenmorgan.com](http://www.befitwithjenmorgan.com)

[beFitwithjenmorgan@gmail.com](mailto:beFitwithjenmorgan@gmail.com)

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## **Mediterranean Salad**

1 Serving

311 Cal, 26g Carbs, 14g Fat, 21g Pro

- 100g roma tomato, chopped
- 100g English cucumber, chopped with peel on
- 75g shelled edamame
- 50g red onion, chopped
- 1 Tbs white vinegar (you could also use balsamic vinegar or fresh lemon juice)
- 1 Tbs feta cheese
- salt and pepper to taste

Combine everything together in a large bowl, as this is a big salad...but filling! Add some grilled chicken (as shown in the photo) or shrimp for extra protein!